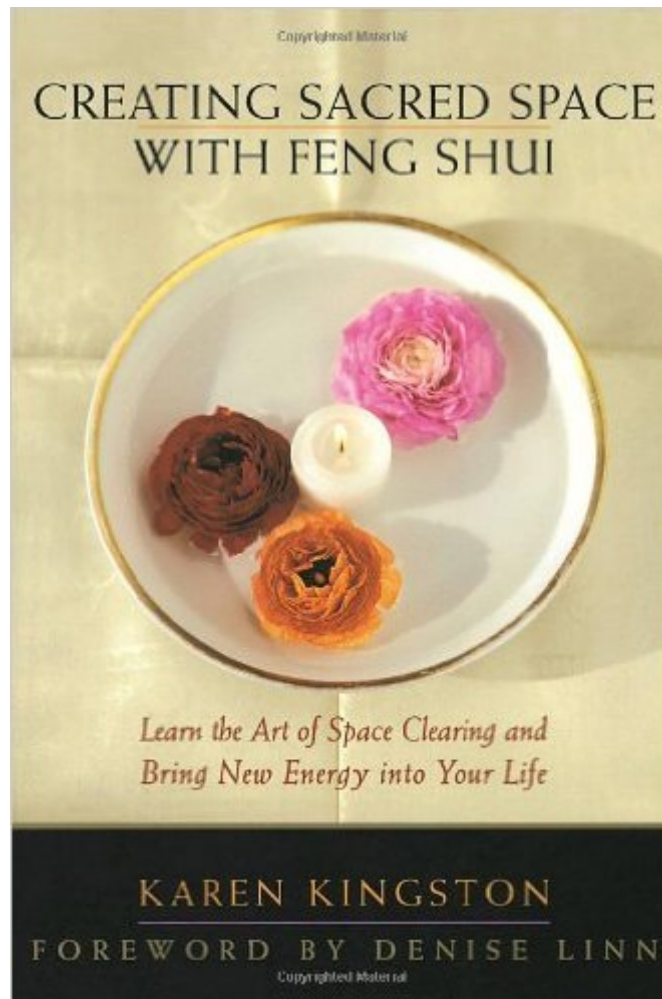


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Creating Sacred Space With Feng Shui: Learn The Art Of Space Clearing And Bring New Energy Into Your Life



Synopsis

Feng Shui is the ancient oriental art of enhancing and harmonizing the flow of energy in your surroundings. Over the last twenty years, Karen Kingston has pioneered the study of a specialized branch of Feng Shui called Space Clearing. In this fascinating and easy-to-follow guide she shows how you can use Space Clearing and other principles of Feng Shui to enhance the flow of energy in your home or workplace and so create happiness and abundance in every area of your life. You will learn how to:

- Clear "stuck" energy and create sacred space
- Consecrate your home
- Create a clutter-free environment and simplify your life
- Safeguard yourself against electromagnetic and geopathic stress
- Place furniture, mirrors, wind chimes, and other Feng Shui enhancements to create balance and harmony

Book Information

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Customer Reviews

I read and absorbed this book over the course of a month. the space clearing ritual really intrigued me and I planned to do it, but even before I did so, garbage bags of stuff started flying out of the house. I had clothes that went back 10 years. I took a deduction for some of it, but the rest I donated freely and it felt great! On New Years Day, I did the space clearing ritual, just for my living room, even though I'm not finished clearing the clutter (nothing's perfect). I started clapping around the room and was surprised at how easy it was to detect the "dead" or "stuck" parts of my living room. This part which includes a closet with lots of old journals, literally cried out to be emptied, and I did

so immediately after the ritual, with no regrets and much relief, easily ditching stuff that went back 20 years! The power that is generated by the sound and the energy generated in my arms was incredible. I used a chime for bells and was able to hear the difference in tones throughout the room. Someone looking only for traditional Feng Shui may be disappointed, however much of this is so similar in effect, and although a different cultural base, is intuitive like Black Tantric Sect Feng Shui and is very complementary to Feng Shui (I'm doing both). I'm glad this book found me when I was ready for it, and definitely recommend this book.

A most meaningful, informative and instructive guide for helping to get your life on track. By clearing out the old 'stuff' that accumulates in our life- both material and emotional - that we hang onto for no reason, or for the wrong reason, Ms. Kingston shows that we can make room for more abundance and blessings to come to us. Written in a straight forward and easy to follow manner, I read the book once through first, then again as I prepared to do the Space Clearing, then again after as followup. I am already seeing the results in my life and recommending this book to friends who want to change their lives. Note: I also ordered THE COMPLETE GUIDE TO FENG SHUI... by Lillian Too. It was helpful, but should be read after this one by Ms. Kingston.

Ms. Kingston focuses almost entirely on a particular aspect of Feng Shui that seems to get left out of every other book I have read. She clearly explains everything she knows about this and her own personal experiences upon which it is all based. But, as useful as that is, it is also the beginning of the problem. She found her path, it seems, by herself. Her practice is based on what she learned for herself, by starting with learning to sense vibrational energies. The things she has accomplished with it on that basis are extraordinary; but she lacks a real grounding in tradition. Her practice is derived, in part, from traditional Balinese practices. It is not really Feng Shui, but instead has a dollop of the commonest bit tossed in at the end. She ultimately makes it clear that she does not understand what Feng Shui really is. But it isn't really her bailywick in the long run: What she does is absolutely excellent, but it must be recognized exactly where her strength lies. This is a book, based in Balinese tradition and the author's personal experience, about clearing the energy of a place. As that it is astonishingly excellent, beyond anyone's wildest hopes. But it is not about Feng Shui, which is a related but distinct tradition-- perhaps the one among all the related methods in the world which is most elevated to the level of a science.

I bought this book because I loved (and highly recommend) the author's other book "Clear Your

Clutter with Feng Shui." However, I was really disappointed when I read this book. Ms. Kingston does describe space clearing rituals used in other times and places, but her own space clearing ritual is extremely detailed and requires the use of specialized equipment which you can only buy from her. I think INTENTION is much more important in rituals than, for example, what kind of bell or incense you use. The other feng shui books I have read can be extremely limiting because they have so many rigid rules for what one can and cannot do. It's quite difficult to live with ALL those rules, and it's confusing because various authors contradict each other. I liked "Clear Your Clutter With Feng Shui" because it didn't make me feel constrained to do things "the right way" - but I found this book to be a let down, and I wish I had not bought it.

Many decluttering books spark enthusiasm and immediate action that fizzles out in a week or two at best. If that's what you want, don't bother with this book. Instead, this book offers profound truths about clutter, feng shui, and the sacred nature of our living/working space how we surround ourselves. I bought it several years ago and refer to it regularly as I reorganize my living and working spaces. As an artist with a home studio, it's easy for me to accumulate clutter and forget how important my space is. When I'm fully bogged--which happens more often than I'd like to admit--Ms. Kingston's books help me disengage myself from the overwhelming STUFF that binds my imagination and keeps me from creating--and living--to my fullest. This is not a "fad" kind of book, but a book to treasure, re-read, and share with others.

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